

# LIVE YOUR BUCKET LIST

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# TEMPLATES

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Julia Goodfellow-Smith

## **Live Your Bucket List - Templates**

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# Table of Contents

<b>Introduction</b>	<b>4</b>
Steps 1, 5, 12, 13, 28 & 31: Mind map template	5
Step 3: Prioritise your list	5
Step 6: Commit to your dream	6
Step 7 & 20 : Thermometer template	6
Step 8: Identify opportunities to learn from others	7
Step 9: Identify significant risks	8
Step 11: Identify the skills or traits that you need to achieve your dream	8
Step 16: Conduct a personal time audit	9
Step 19: Create a project budget	10
Step 20: Plan how to close the gap	11
Step 22: Commit in writing	12
Step 25: Wheel of health and happiness	13
Step 32: Celebrate!	13
Step 33: Tell us all about it	14
Step 34: Start planning your next bucket list adventure	14
<b>An Invitation</b>	<b>15</b>

# Introduction

Congratulations on taking your first step towards living your bucket list!

This template book is designed to accompany the book *Live Your Bucket List: Simple Steps to Ignite Your Dreams, Face Your Fears and Lead an Extraordinary Life, Starting Today*. Using it as you work through the steps in the book will help you to ignite your bucket list dream, plan your adventure, achieve your dream and reflect on your achievement.

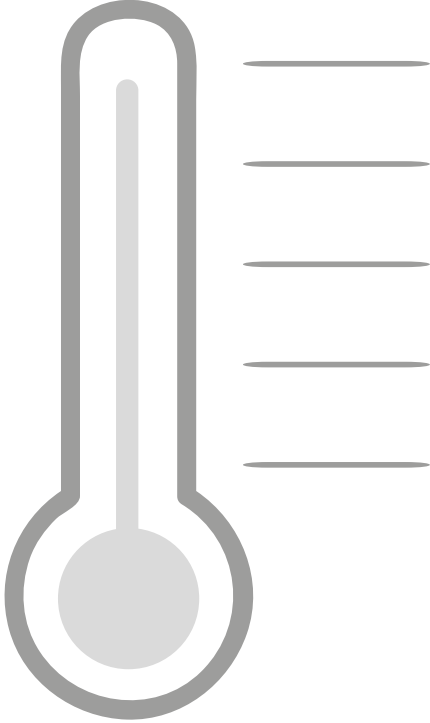
Let's get started!



Step 6: Commit to your dream

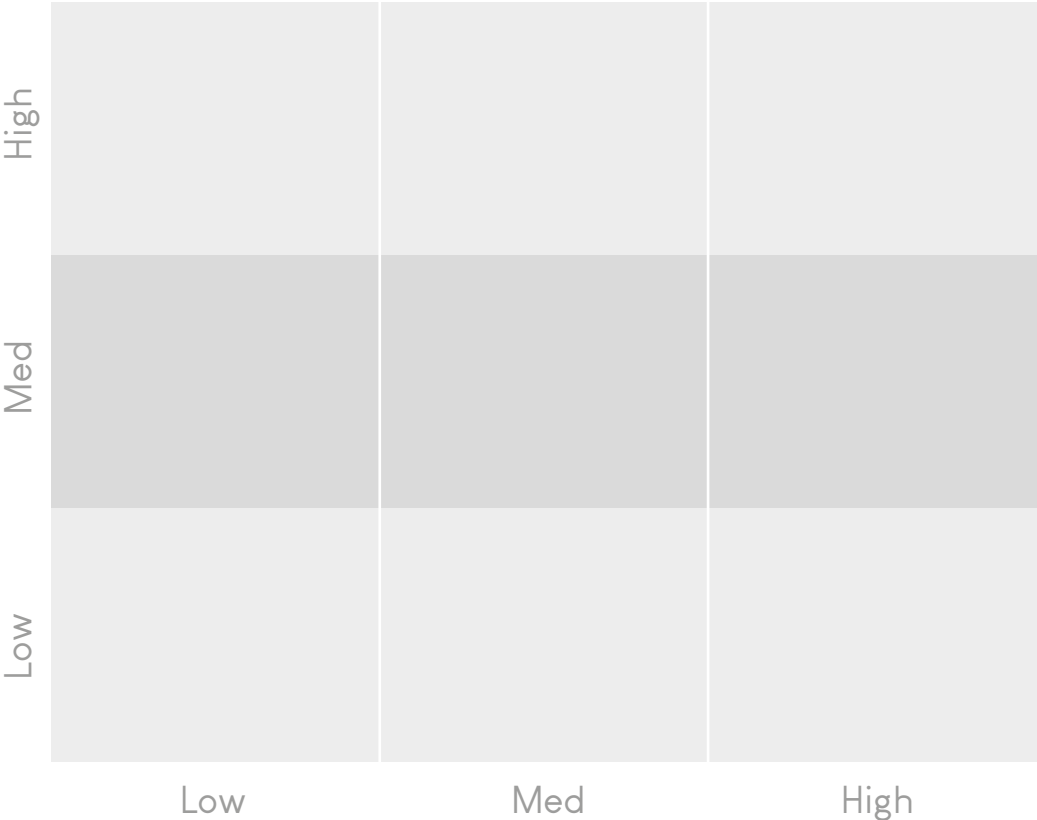
FOR	AGAINST

Step 7 & 20 : Thermometer template



# Step 8: Identify opportunities to learn from others

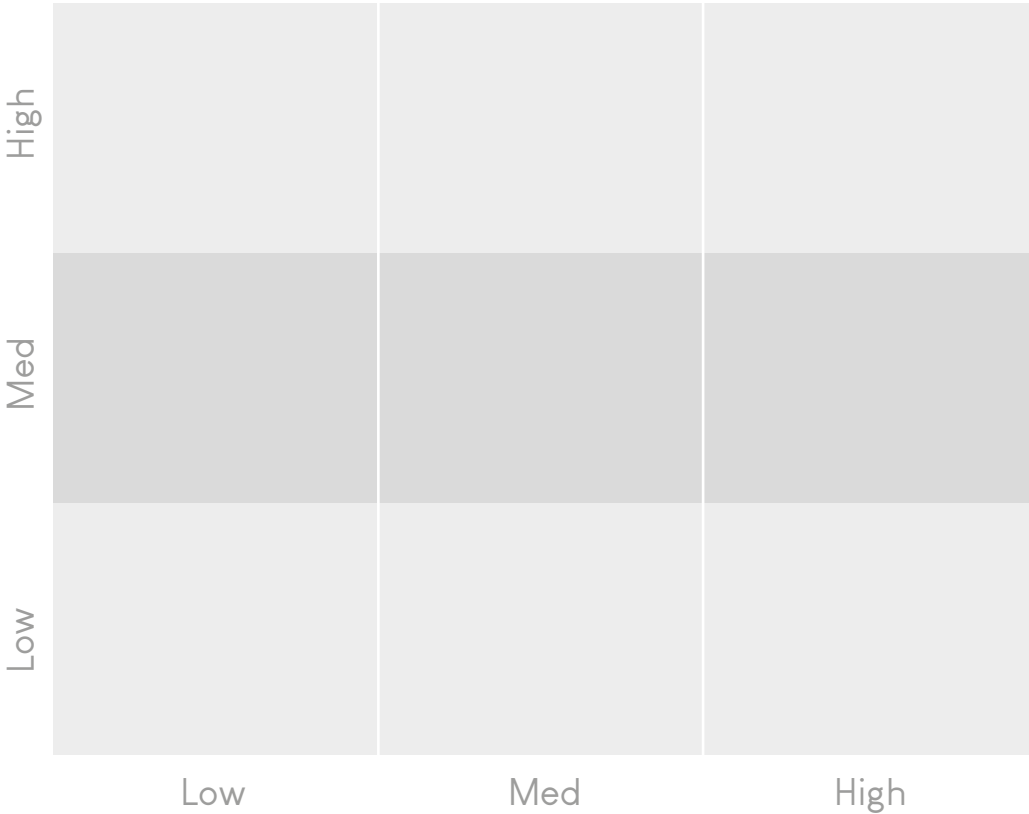
Time commitment



Likely value

**Step 9: Identify significant risks**

Likelihood



Potential consequences

**Step 11: Identify the skills or traits that you need to achieve your dream**

SKILL/ TRAIT	SCORE	NOTES

# Step 16: Conduct a personal time audit

DAY	MAIN ACTIVITY
00:00-01:00	
01:00-02:00	
02:00-03:00	
03:00-04:00	
04:00-05:00	
05:00-06:00	
06:00-07:00	
07:00-08:00	
08:00-09:00	
09:00-10:00	
10:00-11:00	
11:00-12:00	
12:00-13:00	
13:00-14:00	
14:00-15:00	
15:00-16:00	
16:00-17:00	
17:00-18:00	
18:00-19:00	
19:00-20:00	
20:00-21:00	
21:00-22:00	
22:00-23:00	
23:00-00:00	




# Step 20: Plan how to close the gap

TYPE OF EXPENDITURE	Current monthly spend	Target monthly spend
Groceries		
Clothes		
Transport		
Utility bills		
Housing		
Insurance		
Going out		
Cash		
TOTAL		

INCOME	Current monthly income	Target monthly income
TOTAL		

## Step 22: Commit in writing

LIVE YOUR BUCKET LIST


My commitment

I,.....

am committed to.....

by.....

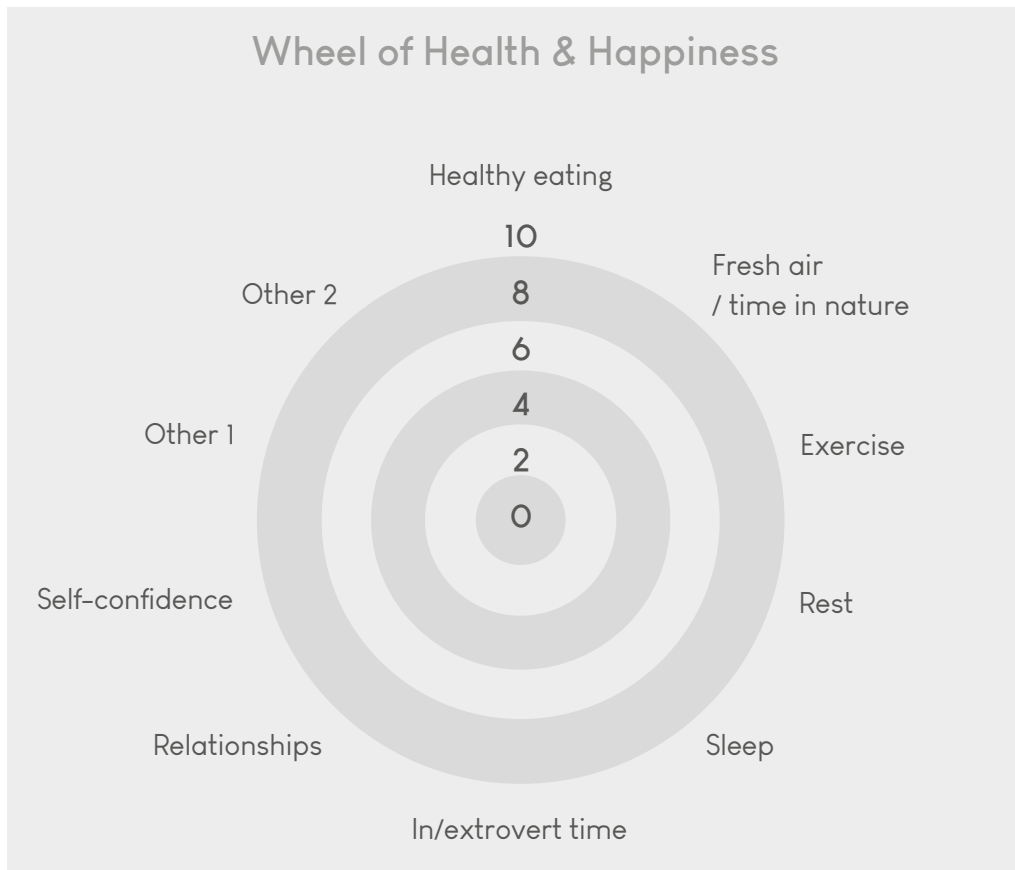
In order to pursue this dream, I am going to make time available by.....

and the money available by.....


Signed

Date

## Step 25: Wheel of health and happiness



## Step 32: Celebrate!

**LIVE YOUR BUCKET LIST** 

**My celebration!**

I,..... have started to live my bucket list by achieving my dream to.....

In the process of achieving my dream, I have.....

.....

**Signed**

**Date**

### **Step 33: Tell us all about it**

Post a photo of your certificate/photo montage/end of challenge party to [www.facebook.com/groups/liveyourbucketlistnow/](http://www.facebook.com/groups/liveyourbucketlistnow/). Inspire other people with what you have achieved, what you have learnt – and what you are going to do next.

### **Step 34: Start planning your next bucket list adventure**

Are you ready to start with your next bucket list dream? Download the latest free pdf of these templates from [www.juliags.com/liveyourbucketlist](http://www.juliags.com/liveyourbucketlist).

# An Invitation

I hope you have found these templates helpful. Please let me know if there is anything that could be improved.

Join us at [www.facebook.com/groups/liveyourbucketlistnow/](http://www.facebook.com/groups/liveyourbucketlistnow/) for ongoing encouragement and support for living your bucket list.

If you are looking for an entertaining and inspiring speaker for a meeting, event or broadcast, please give me a shout.

I have published *Live Your Bucket List* and this template book with the support of Self-Publishing School. If writing a book is on your bucket list, they can help you to become a best-selling author in as little as three months. Go to <https://self-publishingschool.com/friend/> for a free resource to get you started and to unlock a special discount.

Thank you so much!

*Julia*

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